Suicidal feelings are more common than we realize. Not a symptom of disease, the urge to die is often a desperate need for change conflicting with an overwhelming sense of powerlessness. How can we support others – and respond to these feelings in ourselves?

Discover latest research, hear about innovative practices, and learn useful tools. Clinicians, students, people who have struggled with suicidal feelings, and family/friends are welcome. Co-sponsored by Portland Hearing Voices.

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